

Grief and Bereavement Support Groups

General Support Groups

Journey Care Grief to Hope Support Group

(224) 770-2273

Free 8-week support groups to adults, teens, and children. Pre-registration is required. Meetings are held online. Check online calendar for times.



www.journeycare.org/grief-support/group-support/

GriefShare Support Groups

(773) 734-7708

Weekly meetings for those who have lost a family member or friend. Meetings are held online or in-person at local religious centers. 8605 South Cregier Ave, Chicago, IL Saturdays 10am to 12 noon www.griefshare.org



Catholic Charities: Loving Outreach

(312) 655-7525

Meetings for persons who have lost a loved one by suicide. Also has Spanish services. Meetings are held online. Check online calendar for times.



Loving Outreach
to Survivors of Suicide
Offering Hope and Healing for Those Who Mourn a Loss to Suicide

www.catholiccharities.net/GetHelp/OurServices/Counseling/Loss.aspx

Cancer Support Groups

Cancer Support Center

(708) 798-9171

Events for cancer patients and caregivers, including a support group for persons who have lost a loved one to cancer. Events are in-person, online, or hybrid. 2028 Elm Rd, Homewood, IL. Check online for times.



www.cancersupportcenter.org/events/

Gilda's Club Chicago

(312) 464-9900

Living Beyond Loss Support Group. Support groups for those who have lost a loved one to cancer. Pre-registration is needed. Meetings are held online. Check online calendar for times.



www.gildasclubchicago.org

Grief and Bereavement Support Groups

Children and Family Groups

Never Forgotten Support Group

(773) 702-9200

Free support group for parents and loved ones who have lost a child. This includes miscarriage, stillbirth, or early infant death.

Online meetings the 3rd Saturday of each month

10:30am to 12 noon

www.uchicagomedicine.org/patients-visitors/classes-events/miscarriage-infant-loss-support-group



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