

## Feel Sad or Worried?

If your loved one is an adolescent (12 to 18 years old), and feeling sad or worried, UChicago Medicine has a program that can help.

### Adolescent Collaborative Care:

- Helps youth 12 to 18 years old with depression or anxiety who have primary care at UChicago Medicine.
- Has social workers to talk with you and your child by phone, video, or in-person about every 2 weeks.
- Has a diagnostic assessment, care management, consultative psychiatry, and therapy if needed.

**The cost of Adolescent Collaborative Care** is covered by most insurances. Cost-sharing is decided by your insurance. Aetna and UCHP has no copay.

### To Learn More

- Talk to your primary care clinician during your next office visit
- Send a MyChart message
- Call the clinic to learn more about getting a referral to Adolescent Collaborative Care



AT THE FOREFRONT  
**UChicago  
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