

## Feeling Sad or Worried?

If you or a loved one is feeling sad or worried, UChicago Medicine has a program that can help.



**Collaborative Care** provides behavioral health social workers that provide care management. They work with you, your doctor, and a psychiatrist to manage your mental health care.

**The cost of collaborative care** is covered by most insurance. Cost-sharing is decided by your insurance. Aetna and UCHP has no copay.

### To Learn More

- Talk to your primary care doctor during your next office visit
- Send a MyChart message
- Call the clinic to learn more about getting a referral to Collaborative Care



AT THE FOREFRONT  
**UChicago  
Medicine**

**Primary Care Group  
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