Why Contact the Physicians' Assistance Committee?

Self-reporting and early intervention will lead to the likelihood of maintaining your license. We facilitate proper treatment and return to work.

We ensure:

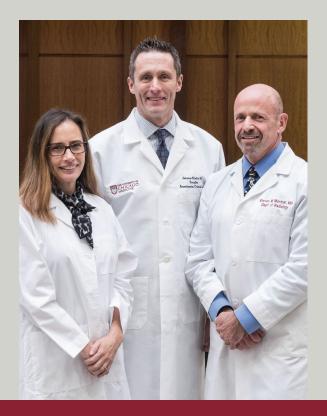
- » Confidentiality
- » Physicians helping physicians
- » Expert consultations
- » Early self referral
- » Early return to work
- » Enhanced support
- » Colleague support





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Physicians' Assistance Committee



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What is the Physicians' Assistance Committee?

The Physicians' Assistance Committee (PAC) works to reduce morbidity and assist physicians with conditions relating to their well-being. The PAC helps and protects physicians who may suffer from:

- » Cognitive impairment
- » Psychological impairment
- » Physical impairment
- » Etoh/substance abuse
- » Work life stressors

Along with providing recommendations, assistance, counseling and education, the PAC ensures confidential, off-site treatment.

Who is on the PAC?

The PAC is composed of physicians and representatives from the dean's office, Graduate Medical Education, Medical Center administration, as well as, counselors from the Staff and Faculty Assistance Program (SFAP)/Employee Assistance Program (EAP).

What Actually Happens?

Physicians can get assistance by directly contacting the PAC or SFAP/EAP or through a referral from his/her department chair or the PAC. Assistance is also available to physicians in aftercare from a previous treatment episode while at another hospital or practicing in another state.

Once contact is made, the physician is evaluated and a course of action is determined. The PAC and SFAP/EAP work closely together with the physician to facilitate treatment, aftercare, licensing issues and return to work plans.

In all cases, confidentiality is protected to the greatest extent feasible, and everyone works together to facilitate a complete recovery for the physician.

What is the SFAP/EAP?

The Staff and Faculty Assistance Program (SFAP)/Employee Assistance Program (EAP) is a confidential resource that is available to all physicians, their family members and significant others. It is available to assist with personal, financial, legal, child/eldercare, emotional and psychological matters. The University of Chicago uses Perspectives, Ltd. as its SFAP/EAP provider.

How Do I Contact the PAC?

To reach the PAC, you may directly contact any of the following members:

Steven Montner, MD Chair

Kathleen Blaszkiewicz Perspectives, Ltd.

Krista Curell, JD, RN Member

Anne Duprey Legal Advisor

Bernie Dyme Perspectives, Ltd.

Cathy Garvey Legal Advisor

Lawrence Gottlieb, MD Member

Ingrid Gould Member

Jon Grant, MD Member

Kristen Hirsch Member

Jerome Klafta, MD Member

Robert Mulliken, MD Member

Iris Romero, MD Member

Ted Stamatakos Legal Advisor

Shellie Williams, MD Member

You may also call Perspectives, Ltd. at

1-800-866-7556

A trained professional counselor is available 24 hours a day, 365 days a year.

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