

Diagnosis 101: How to Know When It's Time to Switch Doctors

- He or she keeps their stethoscope in their ears while listening
- He or she spends no more than 5 minutes checking you out before making a diagnosis
- He or she believes a prescription is the answer to all medical issues
- He or she becomes offended when you ask questions or voice your concerns
- He or she talks in a condescending tone when explaining information to you
- He or she gives you unwarranted advice that makes you feel uncomfortable
- He or she dismisses your pleas for further testing or belittles you wanting a second opinion
- He or she judges your lifestyle and decisions and forces their beliefs upon you
- He or she utilizes their time with you by taking personal calls on their phone
- He or she ignores your consistent pain and considers you drug-seeking
- He or she underestimates the inability to have frequent appointments due to a lack of stable healthcare
- He or she makes sexist, racial, or other types of inappropriate jokes

Writer's Notes

I struggled with this assignment this week. I decided I wanted to do a version of the "How To's" that we read this week. I wanted this to be a guideline for switching doctors that don't listen to you, but I didn't want it to feel preachy. I am worried about how to get all of these checklist points to flow. For example, I feel that the first point is funny, but the rest are more serious. Also, for my final project, I find that I have pieces related to black mothers not being listened to and suffering health disparities, but also other pieces

that seem to focus more on black people not being listened to in the health field. I am not sure how to make them all fit anymore. I am thinking of just focusing on the latter and incorporating the former as a category under it.